



# Later School Start Times

## **Report to the Board of Education, October 4, 2017**

Maria C. Rice, Superintendent

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# Goal: More “Sleep Time for Students”

**More Sleep Time via Busing Changes**



**More Sleep time via Later Start Time**



# 2017-2018

## Additional Sleep Time: 20 minutes

Building	Start Time	End Time
High School	8:00 AM	2:20 PM
Middle School	7:55 AM	2:35 PM
Lenape	9:15 AM	3:25 PM
Duzine	9:25 AM	3:30 PM

# 2018-2019 Option 1

Additional Sleep Time:  $20 + 15 = 35$  minutes

Building	Start Time	End Time
High School	8:05 AM	2:35 PM
Middle School	8:20 AM	2:50 PM
Lenape	9:30 AM	3:40 PM
Duzine	9:40 AM	3:50 PM

# 2018-2019 Option 2 \*

Additional Sleep Time: 20 + 25 = 45 minutes

**\* Requires two additional buses**

Building	Start Time	End Time
High School	8:10 AM	2:40 PM
Middle School	8:25 AM	2:55 PM
Lenape	9:35 AM	3:45 PM
Duzine	9:45 AM	3:55 PM

# 2018-2019 Option 3

Additional Sleep Time:  $20 + 15 = 35$  minutes

Building	Start Time	End Time
High School	8:05 AM	2:45 PM
Middle School	8:20 AM	3:00 PM
Lenape	9:40 AM	3:50 PM
Duzine	9:50 AM	4:00 PM

# 2018-2019 Option 4 \*

Additional Sleep Time: 20 + 25= 45 minutes

**\* Requires two additional buses**

Building	Start Time	End Time
High School	8:10 AM	2:50 PM
Middle School	8:25 AM	3:05 PM
Lenape	9:45 AM	3:55 PM
Duzine	9:55 AM	4:05 PM

# Cost for New Buses

- Regular Replacement Schedule  
\$495,000
- Additional two buses for increased sleep time  
\$175,000





# Comments: High School



## OPTION 1

### • VoTech - AM

- Return to HS **5 minutes** before the end of the block - Need Supervision

### • VoTech - PM

- Leave second period class **5 minutes** early (**Lose 5 minutes daily**)
- Return 2:25; Dismissal is 2:35
- **10 minutes** at the end will require supervision

## OPTION 2

### VoTech – AM

Return to HS **10 minutes** before the end of the block - Need Supervision

### VoTech - PM

Leave second period class **10 minutes** early (**Lose 10 minutes daily**) Return 2:25; Dismissal is 2:40 **15 minutes** at the end of the day will require supervision

# Comments: High School

## OPTION 3

### • VoTech- AM

- Return to HS **5 minutes** before the end of the block-Need Supervision

### VoTech – PM

Leave second period class **5 minutes early (lose 5 minutes daily)**

Return 2:25; Dismissal is 2:45

**20 minutes** remaining at the end of the day

## OPTION 4

### • VoTech-AM

- Return to HS **10 minutes** before the end of the block-Need Supervision

### VoTech – PM

Leave second period class 10 minutes early (**Lose 10 minutes daily**)

Return 2:25; Dismissal is 2:50

**25 minutes** remaining at the end of the day

# COMMENTS: Middle School



## OPTIONS 1 & 2

- Decreases instructional day by **10 minutes**
- Modified and HS Coaches will leave their ninth period classes even earlier
- Later end time—students involved in extra-curricular or academic activities, don't arrive home until after 5:00 pm (generally 15 – 20 minutes later)

## OPTIONS 3 & 4

- Regain 10 minutes instructional time
- Modified and HS Coaches will leave some of 8<sup>th</sup> period classes and all of 9<sup>th</sup> period classes
- Later end time – Students involved in extra-curricular or academic activities, arrive home 15-20 minutes later

# Elementary Comments

**Later Dismissal - Students dropped off in the dark**



# Option 1

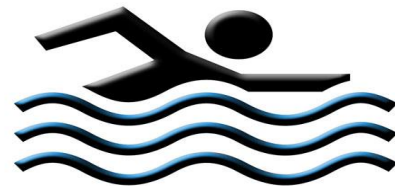
## **ATHLETIC CONSIDERATIONS**

- Practices would start 10-15 minutes later
- Would impact practice time for swimming
- Would be a crunch for golf to get started on time

# OPTION 2

## ATHLETIC CONSIDERATIONS

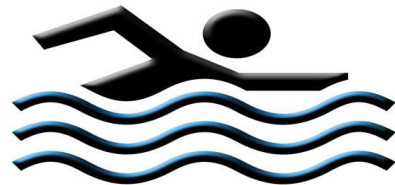
- Practices will start later
- Would decrease swimming practice availability
- Nordic Ski historically practices 3-5pm. Daylight is an issue
- Golf would not be able to exist
- Students may miss time from class at the end of the day depending on the destination of the scheduled contest
- Coaches who are teachers would need class coverage (especially in the MS)



# OPTION 3

## ATHLETIC CONSIDERATIONS

- Practices will start later
- Would decrease swimming practice availability (1.5 HOURS)
- Nordic Ski historically practices 3-5pm. Daylight is an issue
- Golf would not be able to exist
- Students may miss time from class at the end of the day depending on the destination of the scheduled contest
- Coaches who are teachers would need class coverage (especially in the MS)





# OPTION 4

## ATHLETIC CONSIDERATIONS

- Practices will start later
- Would decrease swimming practice availability (1 HOUR 15)
- Golf would not be able to exist
- Nordic Ski historically practices 3-5pm. Daylight is an issue
- Students may miss time from class at the end of the day depending on the destination of the scheduled contest
- Coaches who are teachers would need class coverage (especially in the MS, possibly 2 classes)

